Herfstcriterium 2026: Session: 2: COACH evaluation sheet for TEAM: KLSVZ

Coachinfo: Warming up from: untill . Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Fekkers Roos HEADCOACH

Coaches: Winderix Wannes

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 7: 200M FREESTYLE WOMEN 13+ Heat:3, starttime: 15:50

Heat: 3/7 Lane : 5 Athlete: ROOSEN TESS **Q-time: 02:32:13**

PB (25m pool): 02:32.13 Dilbeek 10/05/2026 **PB (50m pool):** 02:36.38 **SB:** 02:36.99 Tienen 27/09/2026

	25M	50M	75M	100	125	150	175	200M
PB		00:35.95		01:14.53		no time		02:32.13
		00:35.95		*00:38.58*				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 7: 200M FREESTYLE WOMEN 13+ Heat:4, starttime: 15:55

Heat: 4/7 Lane : 7 Athlete: AMADOU CAMILLE **Q-time: 02:31:20**

PB (25m pool): 02:31.20 Tienen 27/09/2026 **PB (50m pool):** 02:34.13 **SB:** 02:31.20 Tienen 27/09/2026

	25M	50M	75M	100	125	150	175	200M
PB		00:35.78		01:14.19		no time		02:31.20
		00:35.78		*00:38.41*				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 7: 200M FREESTYLE WOMEN 13+ Heat:5, starttime: 16:00

Heat: 5/7 Lane : 8 Athlete: ADAM MAELINE **Q-time: 02:29:14**

PB (25m pool): 02:29.14 Tienen 27/09/2026 **PB (50m pool):** 02:30.39 **SB:** 02:29.14 Tienen 27/09/2026

	25M	50M	75M	100	125	150	175	200M
PB		00:34.78		01:12.76		no time		02:29.14
		00:34.78		*00:37.98*				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Herfstcriterium 2026: Session: 2: COACH evaluation sheet for TEAM: KLSVZ

Event number: 7: 200M FREESTYLE WOMEN 13+ — Heat:6, starttime: 16:00

Heat: 6/7 Lane : 5 Athlete: VAN BOXSTAEL NORA — **Q-time: 02:25:07**

PB (25m pool): 02:25.07 LEUVEN 21/12/2025 — **PB (50m pool):** 02:27.58 **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		00:33.99		01:10.78		01:48.13		02:25.07
		00:33.99		*00:36.79*		*00:37.35*		*00:36.94*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 8: 200M BREASTSTROKE MEN 13+ — Heat:2, starttime: 16:10

Heat: 2/3 Lane : 1 Athlete: VAN GORP LUCAS — **Q-time: 03:09:22**

PB (25m pool): 03:09.22 LEUVEN 23/11/2025 — **PB (50m pool):** 03:03.85 **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		00:44.18		01:33.75		02:22.01		03:09.22
		00:44.18		*00:49.57*		*00:48.26*		*00:47.21*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 9: 50M BREASTSTROKE WOMEN 13+ — Heat:4, starttime: 16:25

Heat: 4/4 Lane : 7 Athlete: AMADOU CAMILLE — **Q-time: 00:37:26**

PB (25m pool): 00:37.26 Hannuit 28/03/2026 — **PB (50m pool):** 00:37.82 **SB:** 00:37.37 Leuven 04/10/2026

	25M	50M	
PB		00:37.26	
		00:37.26	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 10: 50M FREESTYLE MEN 13+ — Heat:4, starttime: 16:30

Heat: 4/8 Lane : 3 Athlete: VAN GORP LUCAS — **Q-time: 00:28:54**

PB (25m pool): 00:28.54 Leuven 04/10/2026 — **PB (50m pool):** 00:29.48 **SB:** 00:28.54 Leuven 04/10/2026

	25M	50M	
PB		00:28.54	
		00:28.54	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Herfstcriterium 2026: Session: 2: COACH evaluation sheet for TEAM: KLSVZ

Event number: 10: 50M FREESTYLE MEN 13+ — Heat:5, starttime: 16:30

Heat: 5/8 Lane : 8 Athlete: FLORES SéBASTIEN — **Q-time: 00:28:47**

PB (25m pool): 00:28.47 Hannuit 28/03/2026 **PB (50m pool):** 00:28.43 **SB:** 00:28.60 Tervuren 10/10/2026

	25 M	50 M	
PB		00:28.47	
	00:28.47		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 10: 50M FREESTYLE MEN 13+ — Heat:7, starttime: 16:30

Heat: 7/8 Lane : 3 Athlete: CAMBRON WARD — **Q-time: 00:26:64**

PB (25m pool): 00:26.64 Hannuit 28/03/2026 **PB (50m pool):** 00:26.88 **SB:** 00:27.17 Zwembad De Wauwer 13/09/2026

	25 M	50 M	
PB		00:26.64	
	00:26.64		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 11: 100M BUTTERFLY WOMEN 13+ — Heat:3, starttime: 16:35

Heat: 3/4 Lane : 8 Athlete: ADAM MAELINE — **Q-time: 01:24:86**

PB (25m pool): 01:24.86 Hannuit 29/11/2025 **PB (50m pool):** 01:37.06 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:37.78		01:24.86	
		00:37.78		*00:47.08*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 11: 100M BUTTERFLY WOMEN 13+ — Heat:4, starttime: 16:40

Heat: 4/4 Lane : 7 Athlete: FERNANDEZ PEDRERA TARIK LAILA — **Q-time: 01:17:58**

PB (25m pool): 01:17.58 Hannuit 29/11/2025 **PB (50m pool):** 01:19.92 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:37.05		01:17.58	
		00:37.05		*00:40.53*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Herfstcriterium 2026: Session: 2: COACH evaluation sheet for TEAM: KLSVZ

Event number: 12: 100M BACKSTROKE MEN 13+ **Heat:4, starttime: 16:50**

Heat: 4/6 Lane : 2 Athlete: FLORES SéBASTIEN **Q-time: 01:15:09**

PB (25m pool): 01:15.09 Hannuit 29/11/2025 **PB (50m pool):** 01:18.07 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:36.09		01:15.09	
		00:36.09		*00:39.00*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback: